



## Co-curricular Activities Handbook

2023 - 2024

The goal of our co-curricular programs is to provide a wealth of opportunities and experiences that will aid our students in fully developing Christian maturity and an appreciation of their God-given abilities. Involvement in co-curricular programs provides opportunities to learn the benefits of responsible cooperation. It provides a vehicle for learning mental and physical self-discipline, loyalty, personal pride, pride in the school, and respect for the rights of others. It proves that hard work and dedication produce results. All of this is experienced in a Christ-centered atmosphere for those participating in Christ the King's co-curricular programs

To reflect the love for our Lord, each participant will be a positive Christian image of Christ the King and display Christian love at all times. Matthew 5:16 reminds us of what Jesus taught at the Sermon on the Mount when he said, "Let your light shine before men, that they may see your good deeds and praise your Father in heaven."

If you have any questions or concerns regarding co-curricular activities, please contact Mr. Mantz, Activities Director ([amantz@ctkpalmcoast.com](mailto:amantz@ctkpalmcoast.com)).

Below are descriptions of the co-curricular activities offered by Christ the King Academy. Please note that some activities overlap, so please refer to the full school year schedule at the end of this document.

## **Volleyball**

Christ the King Academy offers students in **grades 5-8** an opportunity to participate in volleyball. The goal is to help students grow in their volleyball skills while encouraging them to use their God-given abilities and work together as a team.

Participation in volleyball is a part of carrying out the mission of Christ the King Academy - ***People Helping People Become All Christ Calls Them to Be***. We are called to be God's dearly loved children, and we are called to serve our God by serving others. Developing a lifetime habit of physical fitness results in being equipped to serve.

- **Volleyball** will meet from 5:30 pm -7 pm beginning Tuesday, September 5, 2023
- The cost to participate in Volleyball is **\$30**. This is to help cover the cost of new volleyball equipment.
- Miss Moldenhauer will be serving as the **Volleyball** coach.
- **Volleyball** will take place on the outdoor volleyball court at Christ the King.
- If you have any further questions regarding Volleyball, please get in touch with Miss Moldenhauer ([hmoldenhauer@ctkpalmcoast.com](mailto:hmoldenhauer@ctkpalmcoast.com)).
- If you are interested in serving as an assistant coach, please contact Miss Moldenhauer. Experience is great but not required.

We look forward to providing your child with this experience as they learn to see volleyball as a way to give glory and honor to God!

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### **K-3rd and 4th-8th Chess and Checkers Club**

Christ the King Academy offers students in the Kindergarten to 8th grade an opportunity to participate in **Chess and Checkers Club**. This activity gives kids a chance to play chess and/or checkers with their peers and to receive some feedback and coaching on strategy.

Participation in **Chess and Checkers Club** connects to the mission of Christ the King Academy - ***People Helping People Become All Christ Calls Them to Be***. We are called to be God's dearly loved children and we are called to serve our God by serving others. Chess is a lifelong game that can be enjoyed and used to hone mental acuity.

- **K-3 Chess and Checkers Club** will meet after school beginning Thursday, September 7, 2023.
- **4-8 Chess and Checkers Club** will meet after school beginning Tuesday, September 5, 2023.
- The cost to participate in Chess and Checkers Club is **\$15**. This is to help cover the cost of equipment.
- Mr. Zweifel will be serving as the **Chess and Checkers Club** advisor.
- If you have any further questions regarding Chess and Checkers Club, please get in touch with Mr. Zweifel ([jzweifel@ctkpalmcoast.com](mailto:jzweifel@ctkpalmcoast.com)).
- If you are interested in serving as an assistant coach for the **Chess and Checkers Club** please contact Mr. Zweifel. Experience is great but not required.

We look forward to providing your child with this experience as they learn to see playing chess and checkers as a way to give glory and honor to God!

### **Intramural Basketball**

Christ the King Academy offers students in grades K - 8 an opportunity to participate in intramural basketball. Students participating in intramural basketball will have an opportunity to develop and use their God-given gifts in basketball and competition. Intramural basketball is offered to any student from K-8. It runs from the beginning of October to the beginning of November, usually with two weekly gatherings. There are several opportunities to learn and practice basic basketball skills like dribbling, passing, and shooting. As we progress and grow together, there are more opportunities to play with and against classmates and learn some of the ins and outs of the game of basketball. It is perfect for those new to basketball and those familiar with the sport. It is a great way to have after-school fun and demonstrate our Christian love and sportsmanship outside the classroom.

Participants in basketball are actively carrying out the mission of Christ the King Academy - ***People Helping People Become All Christ Calls Them to Be***. We are called to be God's dearly loved children, and we are called to serve our God by serving

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others. Developing a life-long habit of physical fitness results in being equipped to serve.

- **Intramural Basketball** will meet after school beginning on Tuesday, October 3, 2023.
- The cost to participate in travel basketball is **\$45**. This goes to help cover the cost of their jersey and equipment.
- Mr. Mantz and Mr. Fisher will be serving as the **Basketball** coaches.
- If you have any further questions regarding the Intramural Basketball program, please contact Mr. Mantz ([amantz@ctkpalmcoast.com](mailto:amantz@ctkpalmcoast.com)) or Mr. Fisher ([mfisher@ctkpalmcoast.com](mailto:mfisher@ctkpalmcoast.com)).
- If you are interested in serving as an assistant coach, please contact Mr. Mantz. Experience is great but not required.

We look forward to providing your child with this experience as they learn to see participation in basketball as a way to give glory and honor to God!

### **Travel Basketball**

Christ the King Academy offers students in grades 5 - 8 an opportunity to participate in Travel Basketball. Students participating in travel basketball will have an opportunity to develop and use their God-given gifts in basketball and competition. In the process, they will learn various basketball skills, including how to work as a team. There will be various basketball games in the area and three tournaments in West Melbourne, Maitland, and Doral. **The participant needs to participate in intramural basketball in order to play travel basketball**

Participants in basketball are actively carrying out the mission of Christ the King Academy - ***People Helping People Become All Christ Calls Them to Be***. We are called to be God's dearly loved children, and we are called to serve our God by serving others. Developing a life-long habit of physical fitness results in being equipped to serve.

- **Travel Basketball** will meet after school beginning on Tuesday, November 14, 2023.
- The **cost** to participate in travel basketball is **\$45**. This goes to help cover the cost of tournament entrance fees and equipment.
- Mr. Mantz and Mr. Fisher will be serving as the **Basketball** coaches.
- If you have any further questions regarding the Travel Basketball program, please get in touch with Mr. Mantz ([amantz@ctkpalmcoast.com](mailto:amantz@ctkpalmcoast.com)) or Mr. Fisher ([mfisher@ctkpalmcoast.com](mailto:mfisher@ctkpalmcoast.com)).
- If you are interested in serving as an assistant coach, please contact Mr. Mantz. Experience is great but not required.

We look forward to providing your child with this experience as they learn to see participation in basketball as a way to give glory and honor to God!

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### 5th-8th Forensics

Christ the King Academy offers students in grades 5 - 8 an opportunity to participate in forensics. Students participating in forensics will have an opportunity to develop and use their God-given gifts in speech and drama activities. This could include drama performances, informative and persuasive speaking, poetry reading, and story-telling activities. In the process, they will learn public-speaking and communication skills.

Participants in forensics are actively carrying out the mission of Christ the King Academy - ***People Helping People Become All Christ Calls Them to Be***. We are called to be God's dearly loved children and we are called to serve our God by serving others. Developing communication skills results in being equipped to serve.

- Forensics will take place in both the fall and the spring. Each of these sessions will lead up to a Fine Art Showcase, where the students will show off what they have worked on. The **2 Fine Art Showcases** are on December 9, 2023 and May 4, 2024. **Please note that there will be separate sign-ups for each session.**
- **Fall Forensics** will meet after school beginning on Thursday, Nov. 2, 2023.
- **Spring Forensics** will meet after school beginning on Thursday, April 4, 2024.
- The **cost** to participate in one session of forensics is **\$15**. This goes to help cover the cost of licenses and materials.
- Mrs. Mantz will be serving as the **Forensics** advisor.
- If you have any further questions regarding the forensics program, please get in touch with Mrs. Mantz ([emantz@ctkpalmcoast.com](mailto:emantz@ctkpalmcoast.com)).

We look forward to providing your child with this experience as they learn to see participation in forensics as a way to give glory and honor to God!

### Kindergarten - 2nd Grade Run Club

Christ the King Academy offers students in kindergarten to 2nd grade an opportunity to participate in **Run Club**. This activity allows students to get an introduction to physical fitness. The goal is to help kids learn to enjoy running and exercising and caring for their body which is the temple of the Holy Spirit (1 Corinthians 6:19).

Participation in Run Club is being a part of carrying out the mission of Christ the King Academy - ***People Helping People Become All Christ Calls Them to Be***. We are called to be God's dearly loved children and we are called to serve our God by serving others. Developing a life-time habit of physical fitness results in being equipped to serve.

- **Run Club** will meet after school beginning on January 11, 2024.
- The cost to participate in Run Club is **\$15**. This is to help cover the cost of any equipment used during Run Club.

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- Mr. Brown will be serving as the **Run Club** coach.
- If you have any further questions regarding Run Club, please get in touch with Mr. Brown ([ebrown@ctkpalmcoast.com](mailto:ebrown@ctkpalmcoast.com)).
- If you are interested in serving as an assistant coach please contact Mr. Brown. Experience is great but not required.

We look forward to providing your child with this experience as they learn to see exercise as a way to give glory and honor to God!

### **3rd - 8th Grade Track**

Christ the King Academy offers students in grades 3 - 8 an opportunity to participate in Track. Students participating in track will have an opportunity to develop and use their God-given gifts in running (50m - 1600m, jumping (standing and running long jump), and throwing (softball throw and shot put). In the process they will learn how to properly stretch and condition for competition and some essential life skills related to life-long physical fitness.

Participants in track are actively carrying out the mission of Christ the King Academy - ***People Helping People Become All Christ Calls Them to Be***. We are called to be God's dearly loved children and we are called to serve our God by serving others. Developing a life-long habit of physical fitness results in being equipped to serve.

- There are **2 track meets** scheduled in which *trackletes* will compete against other Lutheran schools and academies in Florida. The first track meet is on Saturday, February 24 in the Orlando area and the other meet is on Saturday, March 2 in the Sarasota/Bradenton area.
- **Track** will meet after school beginning Tuesday, February 6, 2024.
- The cost to participate in track is **\$45**. This goes to help cover the cost of track meet entrance fees and the shirt participants will receive to wear at the track meets.
- Mr. Brown will be serving as the **Track** coach.
- If you have any further questions regarding the Track program, please get in touch with Mr. Brown ([ebrown@ctkpalmcoast.com](mailto:ebrown@ctkpalmcoast.com)).
- If you are interested in serving as an assistant coach please contact Mr. Brown. Experience is great but not required.

We look forward to providing your child with this experience as they learn to see participation in track and field as a way to give glory and honor to God!

### **K-3 and 4-8 ART CLUB**

Christ the King Academy offers students in grades K-8 an opportunity to join an art club. Students participating in art club will have an opportunity to develop and use their God-given gifts with sketching, painting, and some woodwork (sanding).

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Participants in art club are actively carrying out the mission of Christ the King Academy ***People Helping People Become All Christ Calls Them to Be***. We are called to be God's dearly loved children, and we are called to serve our God by serving others. Having opportunities to create artwork and display this work at the Fine Arts Fair results in being equipped to serve.

- **K-3 Art Club** will meet after school beginning Tuesday, January 9, 2024.
- **4-8 Art Club** will meet after school beginning Tuesday, January 16, 2024.
- The cost to participate in Art Clubs is **\$30**. This is to help cover the cost of the variety of supplies for the projects. There will be an option to purchase a t-shirt as well for an extra \$15.
- Final project will be displayed at the Fine Art Showcase on May 4, 2024.
- Mrs. Brown will be serving as the Art Club teacher. Travis Luther, local artist and CTK dad is assisting.
- If you have any further questions regarding the Art Club, please get in touch with Mrs. Brown ([jbrown@ctkpalmcoast.com](mailto:jbrown@ctkpalmcoast.com)).

We look forward to providing your child with this experience as they learn to see participation in art club as a way to give glory and honor to God!

### **3rd - 5th Grade Spanish Club**

Christ the King Academy offers students in grades 3 - 5 an opportunity to participate in a Spanish Club. Students participating in Spanish Club will have an opportunity to learn some Spanish language. The goal will be to expose students to comprehensible Spanish and to show them that language learning can be an enjoyable, challenging, and worthwhile experience.

Participants in Spanish are actively carrying out the mission of Christ the King Academy - ***People Helping People Become All Christ Calls Them to Be***. We are called to be God's dearly loved children and we are called to serve our God by serving others. Language learning is a lifelong skill that will open up many doors to serve God's people.

- **Spanish Club** will meet after school beginning on Tuesday, March 5, 2024
- The **cost** to participate in Spanish is **\$30**. This goes to help cover materials for the club.
- Mr. Zweifel will be serving as the **Spanish Club** advisor.
- If you have any further questions regarding the Spanish program, please get in touch with Mr. Zweifel ([jzweifel@ctkpalmcoast.com](mailto:jzweifel@ctkpalmcoast.com)).
- If you are interested in helping with Spanish please contact Mr. Zweifel.

We look forward to providing your child with this experience as they learn to see participation in track and field as a way to give glory and honor to God!

### **K - 8th Grade Soccer**

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Christ the King Academy offers students in Kindergarten - Grade 8 an opportunity to participate in soccer. Students participating in soccer will have an opportunity to develop and practice soccer skills. The goal is that students will develop and grow in their soccer skills and also gain appreciation for this very popular game.

Participants in soccer are actively carrying out the mission of Christ the King Academy - ***People Helping People Become All Christ Calls Them to Be***. We are called to be God's dearly loved children, and we are called to serve our God by serving others. Developing a sense of team work and group participation, as well as getting exercise are all part of carrying out that mission.

- **3-8 Soccer** will meet after school beginning April 2 , 2024.
- **K-2 Soccer** will meet after school beginning April 4, 2024.
- The cost to participate in soccer is **\$45**. This goes to help cover the cost of soccer and the shirt participants will receive to wear for practices.
- Miss Koch will be serving as the **soccer** coach.
- If you have any further questions regarding the soccer program, please get in touch with Miss Koch ([akoch@ctkpalmcoast.com](mailto:akoch@ctkpalmcoast.com)).
- If you are interested in serving as an assistant coach please contact Miss Koch. Experience is great but not required.

We look forward to providing your child with this experience as they learn to see participation in soccer as a way to give glory and honor to God!

### 23-24 Co-curricular Schedule

Date	Activity	Time	Other
Tuesday, Sept. 5	Volleyball	5:30 - 7 pm	
	4-8 Chess/Checkers Club	3:30 - 4:30 pm	
Thursday, Sept. 7	Volleyball	5:30 - 7 pm	
	K-3 Chess/Checkers Club	3:30 - 4:30 pm	
Tuesday, Sept. 12	Volleyball	5:30 - 7 pm	
Thursday, Sept. 14	Volleyball	5:30 - 7 pm	
Friday, Sept. 15	Kickball Day 3-8	TBD	Beverly Hills, FL
Tuesday, Sept. 19	Volleyball	5:30 - 7 pm	
Thursday, Sept. 21	Volleyball	5:30 - 7 pm	
Thursday, Sept. 28	Intramural Basketball Coaches	3:30 pm	

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	Meeting		
Tuesday, Oct. 3	K-1 Intramural Basketball	3:30 - 4:30 pm	
	2-8 Intramural Basketball	3:30 - 4:45 pm	
	4-8 Chess/Checkers Club	3:30 - 4:30 pm	
Thursday, Oct. 5	2-8 Intramural Basketball	3:30 - 4:45 pm	
	K-3 Chess/Checkers Club	3:30 - 4:30 pm	
Tuesday, Oct. 10	K-1 Intramural Basketball	3:30 - 4:30 pm	
	2-8 Intramural Basketball	3:30 - 4:45 pm	
Thursday, Oct. 12	2-8 Intramural Basketball	3:30 - 4:45 pm	
Tuesday, Oct. 24	K-1 Intramural Basketball	3:30 - 4:30 pm	
	2-8 Intramural Basketball	3:30 - 4:45 pm	
Thursday, Oct. 26	2-8 Intramural Basketball	3:30 - 4:45 pm	
Tuesday, Oct. 31	K-1 Intramural Basketball	3:30 - 4:30 pm	
	2-8 Intramural Basketball	3:30 - 4:45 pm	
Thursday, Nov. 2	2-8 Intramural Basketball	3:30 - 4:45 pm	
	K-3 Chess/Checkers Club	3:30 - 4:30 pm	
	5-8 Forensics Club	3:30 - 4:30 pm	
Tuesday, Nov. 7	K-1 Intramural Basketball	3:30 - 4:30 pm	
	2-8 Intramural Basketball	3:30 - 4:45 pm	
	4-8 Chess/Checkers Club	3:30 - 4:30 pm	
Tuesday, Nov. 14	Travel Basketball Practice	3:30 - 5 pm	
Thursday, Nov. 16	Travel Basketball Practice	3:30 - 5 pm	
	5-8 Forensics Club	3:30 - 4:30 pm	
Tuesday, Nov. 28	Travel Basketball Practice	3:30 - 5 pm	

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	Travel Basketball Parents Meeting	5 pm	
Thursday, Nov. 30	Travel Basketball Practice	3:30 - 5 pm	
	5-8 Forensics Club	3:30 - 4:30 pm	
Friday, Dec. 1	Kings Basketball Game	5:30 pm	Stetson Baptist
Tuesday, Dec. 5	Travel Basketball Practice	3:30 - 5 pm	
	4-8 Chess/Checkers Club	3:30 - 4:30 pm	
Thursday, Dec. 7	Travel Basketball Practice	3:30 - 5 pm	
	5-8 Forensics Club	3:30 - 4:30 pm	
	K-3 Chess/Checkers Club	3:30 - 4:30 pm	
Saturday, Dec. 9	Fine Arts Showcase	TBD	
Tuesday, Dec. 12	Travel Basketball Practice	3:30 - 5 pm	
Thursday, Dec. 14	Travel Basketball Practice	3:30 - 5 pm	
Tuesday, Dec. 19	Travel Basketball Practice	3:30 - 5 pm	
Thursday, Dec. 21	Travel Basketball Practice	3:30 - 5 pm	
Tuesday, Jan. 9	Travel Basketball Practice	3:30 - 5 pm	
	K-3 Art Club	3:30 - 4:30 pm	
Thursday, Jan. 11	Travel Basketball Practice	3:30 - 5 pm	
	Run Club	3:30 - 4:15 pm	
Friday, Jan. 12	Kings Basketball Game	5:30 pm	Stetson Baptist
Saturday, Jan. 13	Travel Basketball Tournament	TBD	West Melbourne
Tuesday, Jan. 16	Travel Basketball Practice	3:30 - 5 pm	
	4-8 Art Club	3:30 - 4:30 pm	
Thursday, Jan. 18	Travel Basketball Practice	3:30 - 5 pm	
	Run Club	3:30 - 4:15 pm	

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Saturday, Jan. 20	Travel Basketball Tournament	TBD	Maitland
Tuesday, Jan. 23	Travel Basketball Practice	3:30 - 5 pm	
	K-3 Art Club	3:30 - 4:30 pm	
Thursday, Jan. 25	Travel Basketball Practice	3:30 - 5 pm	
	Run Club	3:30 - 4:15 pm	
Tuesday, Jan. 30	Travel Basketball Practice	3:30 - 5 pm	
	4-8 Art Club	3:30 - 4:30 pm	
Thursday, Feb. 1	Travel Basketball Practice	3:30 - 5 pm	
Friday, Feb. 2 - Saturday, Feb. 3	Travel Basketball Tournament	TBD	Doral
Tuesday, Feb. 6	Track Practice	3:30 - 4:45 pm	
	K-3 Art Club	3:30 - 4:30 pm	
Thursday, Feb. 8	Track Practice	3:30 - 4:45 pm	
Saturday, Feb. 10	Faculty vs. 8th-Grade Game	11 am	
Tuesday, Feb. 13	Track Practice	3:30 - 4:45 pm	
	4-8 Art Club	3:30 - 4:30 pm	
Thursday, Feb. 15	Track Practice	3:30 - 4:45 pm	
Tuesday, Feb. 20	Track Practice	3:30 - 4:45 pm	
	K-3 Art Club	3:30 - 4:30 pm	
Thursday, Feb. 22	Track Practice	3:30 - 4:45 pm	
Saturday, Feb. 24	Track Meet	TBD	Maitland
Tuesday, Feb. 27	Track Practice	3:30 - 4:45 pm	
	4-8 Art Club	3:30 - 4:30 pm	
Thursday, Feb. 29	Track Practice	3:30 - 4:45 pm	
Saturday, Mar. 2	Track Meet	TBD	Bradenton

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Tuesday, Mar. 5	3-5 Spanish Club	3:30 - 4:30 pm	
	K-3 Art Club	3:30 - 4:30 pm	
Thursday, Mar. 7	3-5 Spanish Club	3:30-4:30 pm	
Tuesday, Mar. 12	3-5 Spanish Club	3:30 - 4:30 pm	
	4-8 Art Club	3:30 - 4:30 pm	
Thursday, Mar. 14	3-5 Spanish Club	3:30 - 4:30 pm	
Tuesday, Mar 26	3-5 Spanish Club	3:30 - 4:30 pm	
	K-3 Art Club	3:30 - 4:30 pm	
Tuesday, Apr. 2	3-8 Soccer	3:30 - 4:45 pm	
	4-8 Art Club	3:30 - 4:30 pm	
Thursday, Apr. 4	5-8 Forensics Club	3:30 - 4:30 pm	
	K-2 Soccer	3:30 - 4:30 pm	
Tuesday, Apr. 9	3-8 Soccer	3:30 - 4:45 pm	
	K-3 Art Club	3:30 - 4:30 pm	
Thursday, Apr. 11	5-8 Forensics Club	3:30 - 4:30 pm	
	K-2 Soccer	3:30 - 4:30 pm	
Tuesday, Apr. 16	3-8 Soccer	3:30 - 4:45 pm	
	4-8 Art Club	3:30 - 4:30 pm	
Thursday, Apr. 18	K-2 Soccer	3:30 - 4:30 pm	
	5-8 Forensics Club	3:30 - 4:30 pm	
Tuesday, Apr. 23	3-8 Soccer	3:30 - 4:45 pm	
	K-3 Art Club	3:30 - 4:30 pm	
Thursday, Apr. 25	K-2 Soccer	3:30 - 4:30 pm	
	5-8 Forensics	3:30 - 4:30 pm	

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Tuesday, Apr. 30	3-8 Soccer	3:30 - 4:45 pm	
	4-8 Art Club	3:30 - 4:30 pm	
Thursday, May 2	K-2 Soccer	3:30 - 4:30 pm	
	5-8 Forensics Club	3:30 - 4:30 pm	
Saturday, May 4	Fine Arts Showcase	TBD	

\*Please note dates and times are subject to change. We will notify all as soon as possible if any changes are needed.

\*\*There will be more games added for Travel Basketball.

Faculty Advisor

Volleyball - Ms. Moldenhauer

Forensics - Mrs. Mantz

Chess and Checkers Club - Mr. Zweifel

Spanish Club - Mr. Zweifel

Basketball - Mr. Mantz & Mr. Fisher

Art Club - Mrs. Brown

Soccer - Ms. Koch

Run Club - Mr. Brown

Track - Mr. Brown

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